

Please circulate: Principal Assistant Principal Teachers SEWB / YCDI coordinator Chaplain

You Can Do It! Education - Professional Development

"The most widely used (social-emotional learning) program is You Can Do It! established by Professor Michael Bernard of the University of Melbourne...used by more than 5000 early childhood centres, primary & secondary schools." Age Newspaper

Workshops presented by Michael E. Bernard, Ph.D., Professor, Melbourne Graduate School of Education, University of Melbourne; Founder of You Can Do It! Education

Workshop 1: **School-Wide Practices for Effective Implementation of You Can Do It! Education**

Thursday 25 February, 2010, 9.00am – 3.30pm Treacy Center, Parkville (Melbourne) **Cost: \$185**

Purpose: To provide participants with teaching skills necessary for implementing YCDI in the classroom as well as the knowledge of school-wide practices for building the critical mass necessary for whole school implementation of YCDI.

Content: The workshop will provide participants with the following: responsibilities of school leadership, management practices, professional development of staff in YCDI, the YCDI social and emotional learning curricula, use of behavior specific feedback, and assessment of students' social and emotional learning.

Workshop 2: **Counseling Students Who Have Been Bullied: Building the Capacity to Cope**

Tuesday 16 March, 2010, 9.00am – 3.30pm Treacy Center, Parkville (Melbourne) **Cost: \$185**

Purpose: To provide those who conduct 1:1 sessions with students with a range of cognitive-behavioral skills for helping students who have been bullied to manage their emotions including anxiety, anger and feeling down.

Content: The workshop will present participants with a four-stage approach for working with targets of bullying: Relationship Building, Assessment, Treatment and Evaluation. A major focus will be on participants helping students cognitively challenge emotion-creating thinking and replace it with rational thinking. The importance of "self-acceptance" will be highlighted. DVD 'live' counseling sessions will illustrate this unique and powerful approach.

Workshop 3: **Working with Students Who Have Behavioral, Emotional and Achievement Problems**

Thursday 13 May, 2010, 9.00-12.00pm; 1.00 – 4.00pm (**Morning & Afternoon Sessions Cost: \$185**)

Morning Session: **Ecological Assessment-Intervention Planning for Individual Students** **Cost: \$100**

Purpose: To equip participants with skills needed to develop assessment-intervention plans for individual students with multiple challenges that focus on increasing connectedness with positive adults, peers and programs in the school, home and community as well as strengthening social and emotional skills.

Content: Participants will be presented with an ecological model of student wellbeing. Examples of different assessment-interventions plans developed with a diverse range of students will be examined.

Afternoon Session: **Building Resilience in Groups of Students with Challenges** **Cost: \$100**

Purpose: To enable participants to conduct an eight-session, small group counseling with students in grades 3 – 9 who have been identified with social-emotional-and associated learning challenges.

Content: Participants will review the content and format of a structured, interactive program that has yielded positive benefits. Participants will gain first-hand experience in the conduct of different sessions.



PLEASE FAX REGISTRATION TO: (03) 9419-5993

Contact: Patricia Bernard – YCDI State Co-ordinator (VIC/TAS)
 Tel: (03) 9415-8327 Email: youcandoiteducation@gmail.com

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Morning Session: Ecological Assessment-Intervention Planning for Individual Students Cost : \$100

Afternoon Session: Building Resilience in Students with Challenges Cost: \$100

Thursday 13 May, 2010 9:00am – 3:30pm Treacy Center, Parkville (Melbourne)

Morning & Afternoon Sessions Together Cost: \$185

NAME :				POSITION :		
EMAIL :						
REGISTER	<input type="checkbox"/> Workshop 1 \$185	<input type="checkbox"/> Workshop 2 \$185	<input type="checkbox"/> Workshop 3 All Day \$185	Workshop 3 <input type="checkbox"/> Morning \$100 <input type="checkbox"/> Afternoon\$100		

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EMAIL :						
REGISTER	<input type="checkbox"/> Workshop 1 \$185	<input type="checkbox"/> Workshop 2 \$185	<input type="checkbox"/> Workshop 3 All Day \$185	Workshop 3 <input type="checkbox"/> Morning \$100 <input type="checkbox"/> Afternoon\$100		

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SCHOOL :							
ADDRESS :							
					POSTCODE :		
PHONE :				FAX :			
AMOUNT PAYABLE :	() attendees x Workshop 1 @ \$185 = \$ () attendees x Workshop 2 @ \$185 = \$ () attendees x Workshop 3 @ \$185 = \$ () attendees x Workshop 3 Morning @ \$100 = \$ () attendees x Workshop 3 Afternoon @ \$100 = \$					Total to be invoiced: \$ _____	

Tax Invoice/Receipt will be issued by: The Bernard Group T/as You Can Do It! Education ABN 18 610 825 410

A confirmation email with details of the workshop location, will be sent to you on receipt of your registration. An invoice for payment will be sent to your school.