

You Can Do It! Education

Three Day Train-the-Trainer Professional Learning Program 2010 Brisbane



Dates: 18 -19 May & 8 September 2010
Venue: Hotel Urban, 345 Wickham Terrace, Brisbane
Fee: \$580.00 per participant
(2 school representatives preferred; includes lunches, tea & coffee and course materials)

We are pleased to again offer the opportunity for schools to participate in the highly successful You Can Do It! Education (YCDI) professional learning program.

Two or more representatives of your staff can be trained to support your school through professional learning of administrators and colleagues in the effective implementation of YCDI.

After day 2 of training, representatives will be able to present to school personnel the range of school-wide “core practices” that have been found to be necessary to positively impact student social and emotional learning and a range of educational outcomes.

- Staff participating in all three days of the program will gain certification to qualify as YCDI trainers at their school; They will be able to conduct training with the aid of all relevant PowerPoint presentations and handouts as discussed at the workshop.
- Schools will be able to rely on the expertise of their own staff to guide the process of implementation through school-based learning;
- Throughout the year administrators, teachers and parents will become “up-skilled” in supporting the social and emotional learning of students;
- Students’ social and emotional skills will be strengthened and improvements in approach to learning, behaviour and well-being will be observed;
- The use of YCDI will aid in the development and implementation of your “School Action Plan for Student Health and Wellbeing”.



**Workshop Presenter: Michael E. Bernard, Ph.D. Executive Director
and Founder of You Can Do It! Education, Professor,
Faculty of Education, University of Melbourne**

Dr. Bernard has spent many years in schools working directly with students, teachers and parents. Michael is an established international authority on children’s education.

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COURSE OUTLINE

Day 1 - Tuesday 18 May 2010

Welcome, Objectives. Introduction (9.00am - 9.15am)

Social and Emotional Learning: The New Pathway to Student Success, Positive Relationships and Emotional Well-Being (9.15am - 10.40am)

- The challenge: Improving student outcomes
- What exactly do we mean by “social and emotional well-being/mental health”?
- New focus on social and emotional capabilities
- Core principles of social and emotional development
- Bloom, Gardner, Goleman, Ellis, Seligman
- Social and emotional learning skills: What are they?
- Conducting an audit of social and emotional teaching pedagogy and student performance
- Integrated systems to support social and emotional education for all children

Morning Tea (10.40am -11.00am)

Introducing You Can Do It Education (11.00am -12.00pm)

- Mission of You Can Do It! Education
- YCDI's social and emotional learning framework: The Five Foundations (Confidence, Persistence, Organisation, Getting Along and Resilience)
- Overcoming blockers (feeling down, feeling worried, procrastination, not paying attention/disturbing others, feeling angry-misbehaving)
- Positive and negative Habits of the Mind (Ways of Thinking)

Core School-Home Practices for Building “Critical Mass” for Delivery of YCDI (12.00pm - 12.20pm)

Group Discussion and Reflection (12.20pm -12.45pm)

Lunch (12.45pm -1.30pm)

Leadership and Management Practices (1.30pm - 2.00pm)

- Professional learning practices at your school site
- Assessment and accountability

YCDI's Social and Emotional Learning Curricula Practices (2.00pm -2.45pm)

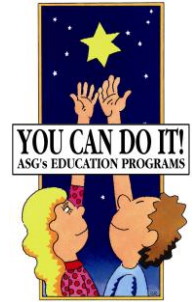
- YCDI Early Childhood Program
- Program Achieve
- YCDI Mentoring Program

Afternoon Break (2.45pm -3.00pm)

Sharing of Best Practices in Implementing YCDI (3.00pm -4.00pm)

Finish (4.00pm)

Day 2 – Wednesday 19 May 2010



Welcome. Objectives of Day 2. (8.30am – 8.40am)

The Resilient Educator (8.30am – 10.40am)

- Resilience framework
- Protective factors
- Emotional management in tough situations
- Taking positive action

Morning Tea (10.40am–11.00am)

YCDI Classroom Teaching Practices (11.00am – 12.30pm)

- Pre-requisite
- Essential

School-Wide Practices

- Awards, excursions, assemblies, student representative council, sporting coaches

Lunch (12.45pm – 1.30pm)

Developing a School Action Plan for Student Health and Wellbeing (1.30pm – 2.45pm)

- Resilience
- Community involvement
- The YCDI audit of effective school practices
- Framework for implementing strategies and activities

Afternoon Break (2.45pm – 3.00pm)

The “Nuts and Bolts” of training back at your school (3.00pm – 4.00pm)

- Ongoing professional learning at school sites

Finish (4.00pm)

Day 3 – Wednesday 8 Sept 2010

Welcome. Objectives of Day 3. (9.00am– 9.10am)

Group Discussion of Experiences in Implementation of YCDI (9.10am – 10.40am)

- Sharing of good practices

Morning Tea (10.40am–11.00am)

YCDI Parent Education (11.00am – 12.45pm)

- The Investing in Parents Program: Background and rationale
Two parent education sessions trainers can present
- “The Seven Capabilities of Highly Effective Parents”
- “The Keys to Children’s Success and Well-Being”

Lunch (12.45pm – 1.30pm)

Working with “At Risk” Students (Behavioral, Social, Emotional Learning Challenges)

- Individual and small group work
- A more intensive look at management of anti-social behaviour

Afternoon Break (2.45pm – 3.00pm)

Fine-Tuning School Action Plan for Student Health and Wellbeing (3.00pm – 3.30pm)

Further Suggestions for Increasing Trainer’s Effectiveness (3.30pm – 4.00pm)

Finish (4.00pm)

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REGISTRATION FORM

Please FAX to "You Can Do It! Education" (07) 3289 3254

NAME 1 :		POSITION:	
NAME 2 :		POSITION:	
NAME 3 :		POSITION:	
NAME 4 :		POSITION:	
SCHOOL :			
ADDRESS :			
		POSTCODE:	
PHONE :		FAX :	
EMAIL :			
FEE :	\$580.00 per participant for 3 days (price includes GST, course materials, lunches, tea & coffee)		
AMOUNT PAYABLE:	() attendees @ \$580each = \$		

A TAX INVOICE / RECEIPT and letter of confirmation with full venue details will be issued on receipt of registration form.

Terms and Conditions: Cancellations notified in writing or email will be provided with a refund minus a \$50.00 administrative charge if more than two weeks before the event.
 We regret that cancellations within two weeks of the event cannot be refunded.

For more information contact:

JENNY WILLIAMS

National Director

You Can Do It! Education

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